

Focus on ■■

Spring 2019  
Issue 19



Forum of Carers and people  
who Use our Services

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**What is FoCUS?** A voice for carers and people who use mental health, learning disability, older people, and drug and alcohol services in Surrey and North East Hampshire, provided by Surrey & Borders Partnership NHS Foundation Trust. Public meetings where NHS Managers learn from people who have experienced these services, what works well and what could be improved. FoCUS members are carers and people who use services, or have used services in the last five years.

*All FoCUS members who are carers can also attend the Carers Action Group.*

### **Congratulations to Colette Lane who won CARE Involvement Champion of the Year**

Colette (pictured right) has, for many years, actively championed the involvement of people who use services and carers in developing the Trust's services and decision making processes. Having previously been a volunteer herself, Colette knows many people who volunteer and hopes this route will help them get paid employment. She makes sure paid opportunities are circulated to voluntary sector networks. Colette is also co-leading a co-design workstream to map all peer worker and volunteer roles within the Trust. Colette is a Senior Recovery College Coach and a FoCUS Member.

The FoCUS Support Team nominated her for the award and also nominated the FoCUS Reps for Care Volunteer of the Year.



*Goodbye and Thank you to Stephanie who is standing down as FoCUS Rep for Mid and East FoCUS. The FoCUS Reps and FoCUS Support Team have sent her a thank you card and wished her well for her future.*

**Need help to attend meetings?** We can pay your travel costs or arrange transport for you. Please contact your FoCUS Involvement Facilitator Jane Ahmed who can be contacted by Telephone 01483 456558, Mobile/SMS Text 07426 022279 or email [Jane.Ahmed@surreycoalition.org.uk](mailto:Jane.Ahmed@surreycoalition.org.uk)

### **I do not want to, or can not go to meetings can I still be involved?**

Yes, we can send you regular updates by post or email and you can give us your views, You can also contact us on Twitter [@FoCUS\\_SaBP](https://twitter.com/FoCUS_SaBP) or via [www.facebook.com/FoCUS.SABP](http://www.facebook.com/FoCUS.SABP)

**HAVE YOU MOVED OR CHANGED CONTACT DETAILS? PLEASE LET US KNOW**

**Would you like to help the Trust find out what community services are available in your local area and help collate the information into a resource pack?**

FoCUS Reps have decided the new Working Together Group will begin by looking at Social Prescribing - this involves helping people to improve their health, wellbeing and social welfare by connecting them with community run services. There is an expectation that everyone involved will take away and work on a piece of this work but this will be discussed at their meetings.

**If you would be interested in coming along to the Working Together Group please contact Nikki Green from the Trust's Participation Team on 01372 216141 or 07876 440494 or email on [Nikki.green@sabp.nhs.uk](mailto:Nikki.green@sabp.nhs.uk)** The next meetings are on Monday 24<sup>th</sup> June 1.30-3pm and Monday 19<sup>th</sup> August 1.30-3pm, both at the Trust's Headquarters in Leatherhead. Travel expenses will be reimbursed and if you require support with transport please contact Nikki, details above.



*Carol Pearson, Chief Executive of Surrey Coalition of Disabled People who led the FoCUS Support Team has retired. She is pictured above with Clare Burgess the new Chief Executive of Surrey Coalition of Disabled People. Carol will be greatly missed and we wish her the best of luck in her retirement. We look forward to working with Clare.*

**Our next FoCUS Area Meetings are in June all from 1pm - 3pm on:**

East & Mid Surrey <b>Monday 3rd June</b>	Park House, Randalls Road, <b>Leatherhead</b> KT22 0AH
South West Surrey <b>Wednesday 5th June</b>	Guildford Baptist Church, Millmead, <b>Guildford</b> , GU2 4BE
North West Surrey <b>Monday 10th June</b>	Chertsey Hall, Heriot Road, <b>Chertsey</b> , KT16 9DR
West Surrey & North East Hampshire <b>Thursday 13th June</b>	High Cross Church, Knoll Road, <b>Camberley</b> , GU15 3SY

**If you need help to travel to meetings** we can pay your travel costs or arrange transport for you — Please ask Jane Ahmed for more information, details are below.

***For more information about FoCUS please contact***

FoCUS Involvement Facilitator, Jane Ahmed who works for Surrey Coalition of Disabled People. Jane can be contacted by **Email** ✉ [Jane.Ahmed@surreycoalition.org.uk](mailto:Jane.Ahmed@surreycoalition.org.uk)  
**Telephone** ☎ 01483 456558, **Mobile/SMS Text** 07426 022279, **Post** ✉ Surrey Coalition of Disabled People, Room GF41, Astolat, Coniers Way, Burpham, Guildford, GU4 7HL, **Website** 🌐 [www.surreycoalition.org.uk/special-interest-groups/focus/](http://www.surreycoalition.org.uk/special-interest-groups/focus/)

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