

Focus on ■■

Autumn 2019  
Issue 23



Forum of Carers and people  
who Use our Services

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**What is FoCUS?** A forum and voice for carers and people who use mental health, learning disability, older people, and drug and alcohol services in Surrey and North East Hampshire, provided by Surrey & Borders Partnership NHS Foundation Trust. Public meetings where NHS Managers learn from people who have experienced these services, what works well and what could be improved. FoCUS members are carers and people who use services, or have used services in the last five years.

A big thank you to all the Trust's Community Mental Health Service Managers who attended all the September and October Area Group Meetings. It makes a big difference to our FoCUS members when they can discuss concerns about services and have questions answered there and then in the meetings.

## People Participaton and Experience at the Trust

Many thanks to FoCUS Reps Pam and Janice (pictured right) for promoting FoCUS at The Trust's Participation stand at the Members Event.

The Trust are also looking to develop their People Participation and Experience (PPE) Strategy. They are holding a strategy development day on Monday 18th November 9.30am – 4.30pm at the Leatherhead Institute, 67 High St, Leatherhead KT22 8AH. If you would like further information or would like to attend for all or part of the day or would like support with travel to the event please email [PPETeam@sabp.nhs.uk](mailto:PPETeam@sabp.nhs.uk) or call 01372 216141.



*All FoCUS members who are carers can also attend the Carers Action Group.*

**If you are unable to attend meetings you can still be involved** - We can send regular updates by post or email and you can also give us your views by contacting us on Twitter [@FoCUS\\_SaBP](https://twitter.com/FoCUS_SaBP) or via [www.facebook.com/FoCUS.SABP](http://www.facebook.com/FoCUS.SABP)

**Need help to attend meetings?** We can pay your travel costs or arrange transport for you. Please contact your FoCUS Involvement Facilitator Jane Ahmed who can be contacted by Telephone 01483 456558, Mobile/SMS Text 07426 022279 or email [Jane.Ahmed@surreycoalition.org.uk](mailto:Jane.Ahmed@surreycoalition.org.uk)

**HAVE YOU MOVED OR CHANGED CONTACT DETAILS? PLEASE LET US KNOW**

**Correction:** We apologise, in the last newsletter we wrongly said the GP Integrated Mental Health Services (GPIMHS) were called Primary Care Networks (PCN) . Many thanks to Mary for bringing to our attention that they are different. PCN's are a group of GP Practices. GPIMHS are a new mental health service available in GP surgeries, but only in a few PCN's— although there is funding to expand the new service. FoCUS heard presentations on GPIMHS at our September and October Area Group Meetings.

### Use of White Boards at Area Group Meetings

With so many different services and providers, it can be difficult to know which services are provided by Surrey and Borders NHS Foundation Trust (SABP). To reduce confusion we trialled the use of white boards where members could write comments and information about non SaBP services. This allowed more time in the meetings to talk about SABP services—the services FoCUS can influence. Members can view the white board in the break and after the Meeting. In December we will be using white boards at all Area Group Meetings.

### Easy Read FoCUS Agendas

Following requests from our members we trialled the use of Easy Read agenda's, alongside our usual agendas, at the October Area Group Meetings. These Easy Read agendas are the preferred agenda format of the Trust's Learning Disability Governors. Following feedback from you, our members and discussions at the FoCUS Rep meeting, for the December Area Group Meetings we will continue to use both agendas with an additional sheet containing location details and ground rules at the end of the Easy Read agenda.

### Our next FoCUS Area Group Meetings are in December all from 1pm - 3pm on:

East & Mid Surrey <b>Monday 2nd December</b>	Reigate Baptist Church, Sycamore Walk, <b>Reigate</b> , RH2 7LR
South West Surrey <b>Wednesday 4th December</b>	<b>Godalming Baptist Church</b> , Queen Street, <b>Godalming</b> , GU7 1BA
North West Surrey <b>Monday 9th December</b>	Hythe Centre, Thorpe Road, <b>Staines</b> , TW18 3HD
West Surrey & North East Hampshire <b>Thursday 12th December</b>	Theta Building, Lion Way, <b>Frimley</b> , GU16 7ER

If you need help to travel to meetings we can pay your travel costs or arrange transport for you — Please ask Jane Ahmed for more information, details are below.

### For more information about FoCUS please contact

FoCUS Involvement Facilitator, Jane Ahmed who works for Surrey Coalition of Disabled People. Jane can be contacted by **Email** ✉ [Jane.Ahmed@surreycoalition.org.uk](mailto:Jane.Ahmed@surreycoalition.org.uk)  
**Telephone** ☎ 01483 456558, **Mobile/SMS Text** 07426 022279, **Post** ✉ Surrey Coalition of Disabled People, Room GF41, Astolat, Coniers Way, Burpham, Guildford, GU4 7HL, **Website** 🌐 [www.surreycoalition.org.uk/special-interest-groups/focus/](http://www.surreycoalition.org.uk/special-interest-groups/focus/)



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