



LEARN COGNITIVE-BEHAVIOURAL TECHNIQUES THROUGH OUR ONLINE GROUPS, FUNDED BY THE NHS

Email: groups@centreforpsychology.co.uk

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MAY 2021



Starts Thursday 20th May
9.30-11.30am



Starts Thursday 27th May
2-4pm



Starts Tuesday 18th May
9.30-11.30am

JUNE & JULY 2021



Starts Thursday 17th June
9.30-11.30am



Starts Tuesday 6th July
2-4pm



Starts Monday 5th July
9.30-11.30am



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