



**Sport
In Mind**



FREE!

Football for Mental Wellbeing

Time Every Thursday 2-3PM (starting 7th October)

Venue Astro-turf Pitches (AGP1 Pitch A), Surrey Sports Park, Richard Meyjes Rd, Guildford GU2 7AD

Description Fun, casual drop-in football session for people experiencing mental health problems. All abilities welcome! This sessions takes place outdoors on the astro-turf pitches.

This group is provided **FREE** by mental health charity Sport In Mind for the benefit of local people. Your local representative is Laura

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Attendee Sign-Up



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