



Accessible Sport & Leisure in (and around) Surrey

Created by the Surrey Coalition Peer Support Group

Accessible Activities Map

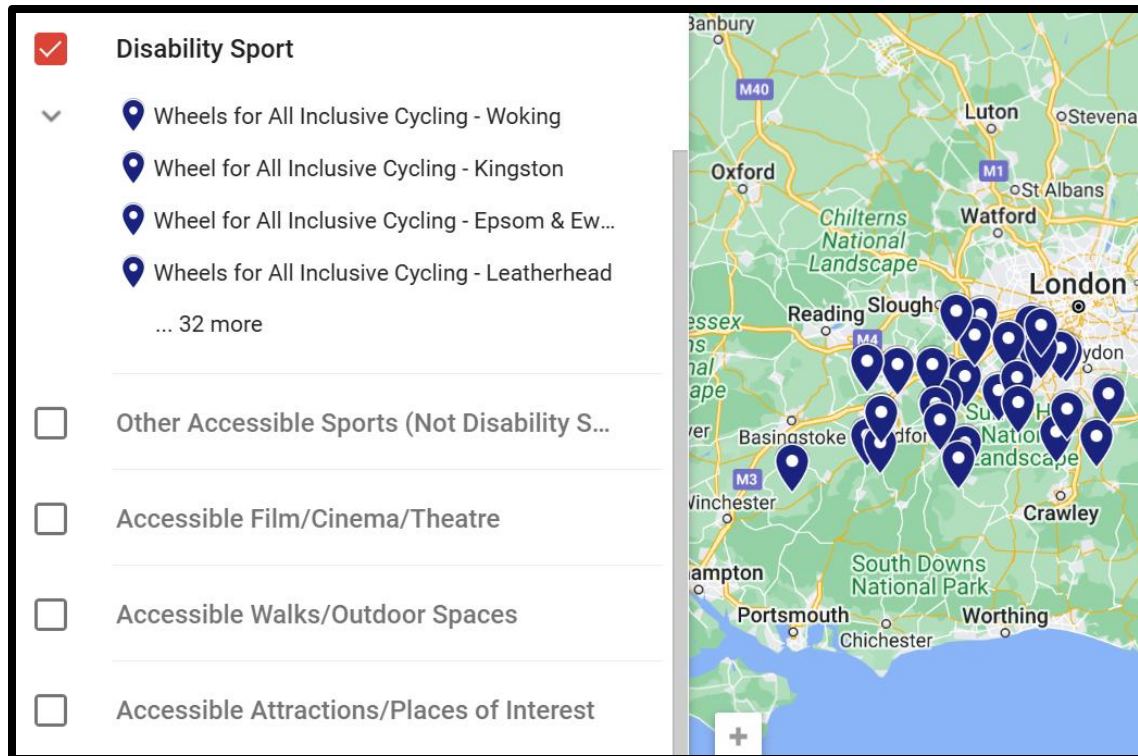


- The Accessible Activities Map marks the location of accessible sports, clubs and leisure activities in and around Surrey to help you find what's available near you.
- The blue coloured pins indicate activities aimed specifically at disabled people.
- The pink coloured pins indicate activities aimed at the general population, with accessible facilities available.

[Click here to access the map:](https://www.google.com/maps/d/edit?mid=1qYjK3pv2UD2CUPliS8a34QleuUA_F3I&usp=sharing)

https://www.google.com/maps/d/edit?mid=1qYjK3pv2UD2CUPliS8a34QleuUA_F3I&usp=sharing

Accessible Activities Map



The map is split into five categories:

1. Disability Sport
2. Other Accessible Sports (not disability specific)
3. Accessible Film/Cinema/Theatre
4. Accessible Walks & Outdoor Spaces
5. Accessible Attractions & Places of Interest

You can filter the categories by selecting the relevant check boxes. For example, if you only want to see pins for Disability Sport, select that check box only.

Disability Sport - Inclusive Cycling

Adapted bikes to cater for a range of disabilities: hand cycles, tandems, trikes, recumbents and more.



Wheels for All Inclusive Cycling

- Woking
- Epsom & Ewell
- Leatherhead
- Kingston Upon Thames

Alice Holt Inclusive Cycling

- Alice Holt Forest, Farnham

Disability Sport - Adaptive Horse Riding

Horse riding for participants with physical, sensory and learning disabilities, Autism, ADHD, dementia and mental health conditions. There are no age restrictions.



Riding for The Disabled Association (RDA)

- Epsom
- Lingfield
- Leatherhead
- Carshalton
- Alton
- Cranleigh
- Oxted
- Horley

Disability Sport - Sailing & Water Sports

Adaptive sailing lessons for those with physical, sensory, neurodivergent, mental health or learning disabilities.



Sailability:

- Papercourt Sailing Club, Ripley, Woking
- Frensham Pond Sailing Club, Churt, Farnham
- Queen Mary Sailing Club, Ashford

Phabsail:

- Littleton Sailing Club, Shepperton



Disability Sport - Swimming

Swimming clubs, lessons, and casual swim sessions specifically for disabled people and those with long term health conditions.

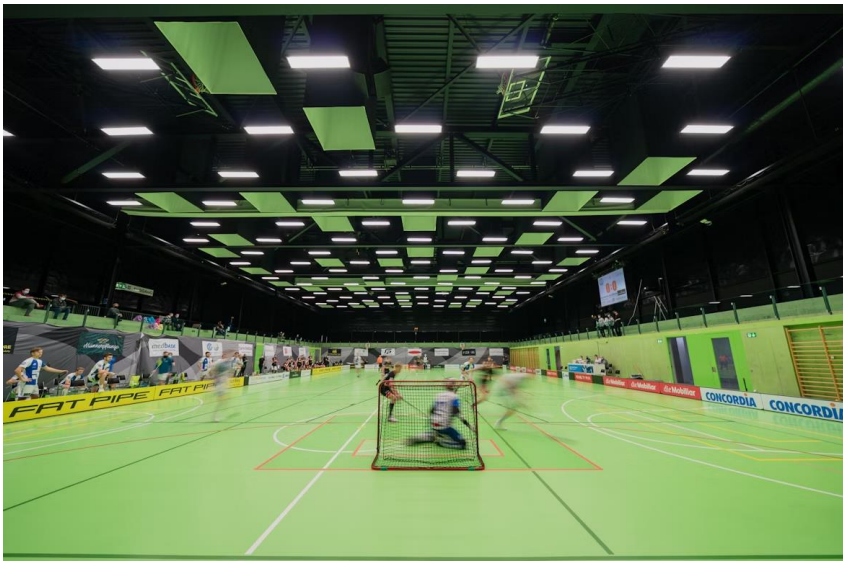


Clubs and Activities:

- Swimability, Farnham Leisure Centre
- Egham Constellations Disabled Swimming Club, Egham Orbit
- Spartan Swimming Club for the Physically Disabled, The Malden Centre
- Dolphin Swimming Club, Woking

Disability Sport - Hockey

Flyerz Hockey is the name for ALL disability inclusive hockey across the UK. It concentrates on having fun, learning new skills, making friends and promotes an active and healthy lifestyle. All Flyerz Club's are supported by Access Sport, England Hockey and UK Deaf Sport.



Clubs in Surrey:

- FLYERZ Disabled Hockey, Epsom Hockey Club
- FLYERZ Disabled Hockey, Old Georgians Hockey Club, Addlestone
- FLYERZ Disabled Hockey, Guildford Hockey Club, Godalming

Disability Sport - Flying (Aerobility)



Adaptive flying lessons and experiences at Blackbushe Airport, Camberley.

“Aerobility is a UK based, registered charity. Founded in 1993, we change lives by providing anyone, with any disability with access to the magic and wonder of flight.”

Disability Sport - Driving

Adapted cars and trained driving instructors for blind, deaf/hard of hearing and physical disabilities.



- Dunsfold Aerodrome

Disability Sport - Snowsports



Adaptive ski lessons for all disabilities including sit-ski (mono-ski and bi-ski, and visually impaired/guide skiing).

- Sandown Ski Centre, Esher (dry ski slope – bi-ski, standing skiing and visually impaired skiing only)
- The Snow Centre, Hemel Hempstead (indoor snow – mono-ski, bi-ski, dual ski, standing ski and visually impaired ski. Snowboarding options are available too)

Disability Sport - Inclusive Tennis



Sutton Tennis & Squash Club

- Learning disability, Autism / ADHD / Down's syndrome
- Hearing impairments
- Visual impairments
- Physical disability's (e.g. Amputation, spinal cord injury, cerebral palsy, muscular dystrophy, multiple sclerosis (MS)...)
- Parent / carer / support staff participation welcome!
- Walking tennis available too



Disability Sport - Other

- Walking Netball, Surrey Sports Park
- Blind Cricket, Frimley Cricket Club
- Inclusive Cricket, Farnham Leisure Centre
- FAB Fitsteps for All Bodies, Woking
- Mental Health Football, Surrey Sports Park
- Boccia, YMCA East Surrey, Redhill
- Sitting Volleyball, Dorking
- Leatherhead Swans Club: swimming, gym, indoor bowls, boccia, curling and other social activities.
- Farnham Boccia Club, Farnham

Other Accessible Sports (Not Disability Specific) - Golf



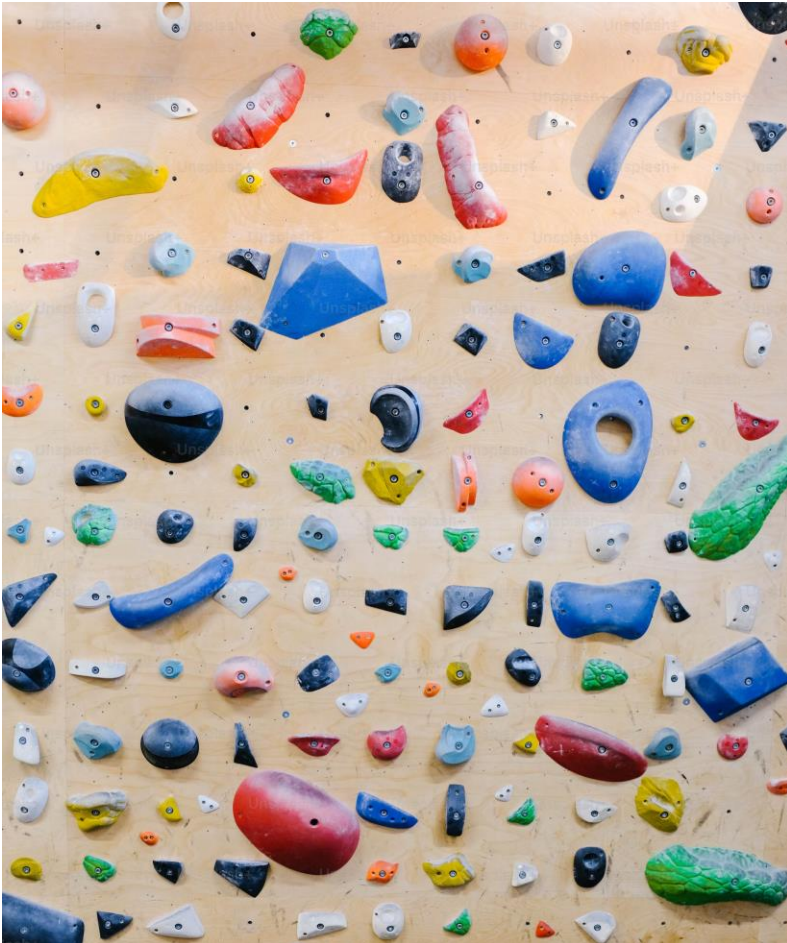
- Topgolf Surrey, Addlestone
- Mr Mulligans Pirate Golf, Woking

Other Accessible Sports (Not Disability Specific) – Bowling



- Guildford Spectrum Bowl
- Hollywood Bowl, Tolworth
- Tenpin, Camberley
- Ripley Bowl Club, Short Mat Bowls.

Other Accessible Sports (Not Disability Specific) – Climbing & Bouldering



- White Spider, Tolworth
- Blue Spider Climbing, Guildford

Other Accessible Sports (Not Disability Specific) – Water Sports



- Wey Kayak Club, Guildford
- Surrey Canoe Club, Staines-Upon-Thames
- Roar Outdoor Kayack Hire, Godalming

Other Accessible Sports (Not Disability Specific) – Indoor Skydiving

- Ifly, Basingstoke

Full wheelchair access and welcoming to all ages and abilities.



Other Accessible Sports (Not Disability Specific) – Ice Skating



- Guildford Spectrum
£2.50 each for disabled and carer with an active card
Wheelchairs welcome on the ice!
– ask for the ramp at the skate collection desk

There is also an accessible swimming pool at the spectrum.

Accessible Theatre

All of the below theatres have wheelchair access, see website for information on hearing loops, captioned, signed, relaxed and audio described performances.



Theatre:

- Yvonne Arnaud Theatre, Guildford
- New Victoria Theatre, Woking
- The Leatherhead Theatre & Cinema, Leatherhead
- G Live, Guildford
- Rose Theatre, Kingston Upon Thames
- Camberley Theatre, Camberley
- Haslemere Hall, Haslemere

Accessible Film/Cinema

All of the below cinemas have wheelchair access, see website for information on hearing loops, captioned, signed, relaxed and audio described screenings.



Cinema:

- The Leatherhead Theatre & Cinema, Leatherhead
- Haslemere Hall, Haslemere
- Everyman Cinema, Esher
- Odeon Luxe, Epsom
- Odeon, Guildford
- Odeon, Kingston Upon Thames
- Everyman, Oxted
- Borough Hall Cinema, Godalming

Accessible Walks/ Outdoor Spaces



Outdoor spaces with good disabled access and facilities.

- Box Hill, Tadworth.
- Horton Country Park, Epsom
- Alice Holt Forest, Farnham
- Ramster Gardens, Chiddingfold
- RHS Garden Wisley
- Polesden Lacey, Dorking
- Painshill, Cobham
- National Trust Hatchlands Park, Guildford

Accessible Walks/ Outdoor Spaces



Outdoor spaces with good disabled access and facilities.

- National Trust Claremont Landscape Garden, Esher
- Knowle Country Park, Cranleigh
- West Horsley Place Sensory Garden, Leatherhead
- National Trust, Nymans, Haywards Heath
- Devils Punch Bowl, Hindhead Common
- Newlands Corner, Guildford

Accessible Attractions & Places of Interest



- Haslemere Educational Museum
- Rural Life Living Museum, Farnham
- Brookland Museum
- Dorking Museum & Heritage Centre
- Surrey Heath Museum
- Hollycombe Steam in The Country, Liphook
- Godstone Farm
- Hobbledown Adventure Farm Park/Zoo, Epsom

Accessible Attractions & Places of Interest



- Birdworld, Farnham
- Chessington World of Adventures
- Escape Hunt, Woking & Kingston
- British Wildlife Centre, Lingfield
- East Surrey Museum, Caterham

Discount Schemes

- Most paid for attractions and leisure activities will allow a free ticket for a carer or essential companion to accompany you.
- CEA Card – Free Carer Ticket for Cinema <https://www.ceacard.co.uk/>
- Active Card (Green Card) – Discounts on activities at Guildford Spectrum [Guildford Spectrum - Active Card \(active-card.co.uk\)](http://active-card.co.uk)
- 50% off at Cranleigh Leisure Centre, Farnham Leisure Centre, Godalming Leisure Centre and Haslemere Leisure Centre for Waverley Residents with an Access to Leisure Card [Waverley Borough Council - Access to Leisure \(50% off leisure discount\)](#)
- ATG Theatre Access Scheme Discounts & Carer Tickets [Access Membership Scheme | Access | ATG Tickets](#)
- Better Gym Disabled Discount Membership [Inclusive UK | Disability Gym and Leisure Membership | Better](#)