



Join The Coalition for free. Do as much or little as you want. Get weekly update emails and a newsletter with stories and news.



They have online social events. You can join music clubs, quizzes, or virtual cafes to chat with others.



Try activities like cycling or sailing, at Get More Active events. It's fun to try new things and meet people.



You can join groups to talk about hearing, vision, and health issues. These groups meet with important people to share ideas.



There is a **campaigns committee** you can join. They work on projects to help Disabled people and people with long-term health conditions.



The Coalition also helps with using computers and the internet. They want everyone to feel included and connected.



The Independent Mental Health Network is for people with lived experience of mental ill health. Carers can join too.



FOCUS is a group for people using Surrey and Borders NHS services. Carers can join too.



You can join as a full, associate, or professional member.



You can say if you have a disability or care for someone with one. This can be a learning or physical disability, sensory impairment or a condition.

Name	<hr/>
Address	<hr/>
	<hr/>
	<hr/>
Phone Number	<hr/>

To join, give your name, email, date of birth, phone number, and address.



You can contact the Coalition for help with the joining form:
Phone: 01483 456558
SMS: 07908671402
Email: info@surreycoalition.org.uk